

## TIẾNG ANH 9

GIÁO VIÊN: NGUYỄN NGỌC ANH

## UNIT 7: WRITING: WRITING ABOUT EATING HABITS

ĐĂNG KÍ CHƯƠNG TRÌNH HỌC TRỰC TUYẾN TẠI [VINASTUDY.VN](http://VINASTUDY.VN) QUA 0932.39.39.56**Ex 1: Choose the best answers to complete the sentences.**

1. I suppose that the eating habits of my classmate, Linh, \_\_\_\_\_.

A. leads to her obesity    B. is not really suitable    C. are quite healthy

2. For breakfast, she usually has \_\_\_\_\_.

- A. eat a hamburger and drink a glass of cola  
B. a bowl of cereal, a glass of milk and some fruit  
C. skip it to catch the school bus on time

3. Additionally, she prepares a lunch box on her own instead of \_\_\_\_\_.

- A. make several slices of bread, a boiled egg and salad  
B. eat omelette sandwiches at the school canteen  
C. buying fast food at school canteen

4. In the evening, she often \_\_\_\_\_.

- A. eats more vegetables and reduces the amount of meat  
B. sleeps as much as possible  
C. works harder and harder to earn more money

5. She believes that eating healthily means \_\_\_\_\_.

- A. that she should follow a balanced diet and avoid junk food  
B. to keeping her stomach full of food  
C. ate low-calorie foods

6. Research shows that reasonable eating habits not only boost our willpower but also \_\_\_\_\_.

- A. adding up enough energy to work and study all the day

B. improve our performance at work

C. to improve our digestion systems

**Ex 2: Rearrange the given words to make meaningful sentences**

1. have/ eating habits./ one of/ my close friends,/ In my opinion,/ Nam,/ does/ not/ good

2. often/ breakfast/ at home/. Have/ time/ gets up/ late/ He/ to finish/ so/ he/ does not

3. at /the school/ pasta/ and/ deep-fried chicken/ he/ fast food/ usually/ For lunch,/ canteen./ buys/ such as/ hamburgers,

4. with/ his/ family/ at home./ He/ to/ have/ dinner /prefers

5. dish/ roasted/ duck/ made/ His favourite/ by/ his/ grandmother./ is

**Ex 3: Write a paragraph about the eating habits of a member of your family.**